Monday	Tuesday	Wednesday	Thursday	Friday
	**Dec 1** • **8:45 & 10:00 AM:** SAIL (Paonia) • **2:00 PM:** Breathwork w/ Derek Udy	**Dec 2** • **9:30 AM:** SAIL (Crawford) • **12:00 PM:** Paonia VOA Meals • **12:00 PM:** Memoir Group • **2:00–4:00 PM:** Village to Village Slideshow w/ Katja Grace	**Dec 3** • **9:00 AM:** Meditation • **9:30 AM:** SAIL (Hotchkiss)	**Dec 4** • **8:45 & 10:00 AM:** SAIL (Paonia) • **12:00 PM:** Paonia VOA Meals
Dec 7 • **9:30 AM:** SAIL (Crawford) • **9:30 AM:** SAIL (Hotchkiss) • **12:00 PM:** Paonia VOA Meals	**Dec 8** • **8:45 & 10:00 AM:** SAIL (Paonia) • **2:00 PM:** Song Circle w/ Ellen Stapenhorst	**Dec 9** • **9:00 AM–12:00 PM:** Senior Haircuts w/ Terbo *(reservation)* • **9:30 AM:** SAIL (Crawford) • **12:00 PM:** Paonia VOA Meals • **12:00 PM:** Memoir Group	**Dec 10** • **9:00 AM:** Meditation • **9:30 AM:** SAIL (Hotchkiss) • **1:00–3:00 PM:** Mahjong • **1:30–2:00 PM:** North Fork School of Integrated Studies Band	**Dec 11** • **8:45 & 10:00 AM:** SAIL (Paonia) • **12:00 PM:** Paonia VOA Meals
Dec 14 • **9:30 AM:** SAIL (Crawford) • **9:30 AM:** SAIL (Hotchkiss) • **12:00 PM:** Paonia VOA Meals • **2:00 PM:** Heart Meets Canvas w/ Ronna Webb	**Dec 15** • **8:45 & 10:00 AM:** SAIL (Paonia) • *(No Shakespeare Club)* ***11:00AM*** *NF Senior Connection Board meeting*	**Dec 16** • **9:30 AM:** SAIL (Crawford) • **12:00 PM:** Paonia VOA Meals • **12:00 PM:** Memoir Group	**Dec 17** • **9:00 AM:** Meditation • **9:30 AM:** SAIL (Hotchkiss)	**Dec 18** • **8:45 & 10:00 AM:** SAIL (Paonia) • **12:00 PM:** Paonia VOA Meals
Dec 21 • **9:30 AM:** SAIL (Crawford) • **9:30 AM:** SAIL (Hotchkiss) • **12:00 PM:** Paonia VOA Meals	**Dec 22** • **8:45 & 10:00 AM:** SAIL (Paonia) • *(No Book Club)*	**Dec 23** • **9:00 AM–12:00 PM:** Toenail Care w/ Arryha Long *(reservation)* • **9:30 AM:** SAIL (Crawford) • **12:00 PM:** Paonia VOA Meals • **12:00 PM:** Memoir Group	**Dec 24** **9:00 AM:** Meditation	Dec 25 Center is Closed
Dec 28 • **9:30 AM:** SAIL (Crawford) • **9:30 AM:** SAIL (Hotchkiss) • **12:00 PM:** Paonia VOA Meals	**Dec 29** • **8:45 & 10:00 AM:** SAIL (Paonia)	**Dec 30** • **9:30 AM:** SAIL (Crawford) • **12:00 PM:** Paonia VOA Meals • **12:00 PM:** Memoir Group	**Dec 31** • **9:00 AM:** Meditation	