

KPP Fundraiser



Even though six families helped make lasagna for the NFSC fundraiser take-out by Kid's Pasta Project on June 22nd, they had more reservations than they could serve. This shows how popular the homemade Italian dish is in the community as well as how much North Fork Senior Connections is valued.

After covering the costs of the dinner, KPP was able to donate \$400 to

Senior Connections. Thank you KPP and the North Fork Valley Community! If you missed this dinner, or want a second helping, check the KPP website: <http://kidspastaproject.org/> for upcoming events and get your reservations in by the Friday before!

CSA/Bread Deliveries

"This is so great! I don't think I've eaten so well in quite awhile." "Thank you for your kindness! It is a Godsend!"

These are just two of the comments we've received from recipients of our CSA /bread deliveries. Bread, baked fresh by Mountain Oven Bakery, and vegetables from The Living Farm, are being delivered by a dedicated group of NFSC volunteers on Mondays and Fridays. Although this round is closed to new recipients, we have started a waiting list for those interested in the next round. Contact Linda at 970-527-3482 if you want to be added to the list. If you are interested in delivering once every 2 weeks, we are always looking for more volunteers.



NFSC Pen Pal Project

Everyone, young and old enjoys getting a letter in the mail. Would you like to make a new friend and start a relationship through the mail? Join the NFSC Pen Pal Project. Help our kids hone their writing skills and share your own experiences with a younger generation. And for the grandparents and parents out there, do you know a child who would be interested in writing to a senior? NFSC would love to be the go-between to match pen pals. Call Linda at 970-527-3482 or email us at: nfseniorconnections@gmail.com



Orientation on Zoom

We've been delighted to welcome many new members and volunteers over the past few months but have been unable to hold our usual Warm Welcome visit or Volunteer Orientation due to Covid-19 restrictions. We will be remedying that situation with an online orientation on **Wednesday, July 8th at 10 am** or **Thursday, July 16th at 4 pm**.

The orientation will introduce members and volunteers to North Fork Senior Connections and outline our expectations as well as the benefits of belonging. Most importantly, we'll go through our website and help you to access service requests, event registration, and the member and provider directories. All volunteers and members with internet access, especially new members and volunteers, will be sent an invitation via email with the necessary codes and instructions for Zoom. Please contact Linda ahead of time at: nfseniorconnections@gmail.com if you have any questions about the process and how to access the meeting so we can help you get connected.

July 2020



NEWS

Board of Directors

Randy Campbell, Chair
James Schott, Vice-Chair
Jenn Lukesh, Treasurer
Betsy Topper, Secretary
Jess Deegan, Member
Bruce Woodside, Member
Linda McCone, Program Manager



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July Birthdays

Happy Birthday to:

Linda Tackett - 7/2	Mary Bachran - 7/18
Larry Ribnick - 7/4	Lynn Wetherell - 7/18
Brian Ayers - 7/5	JoAnn Blunkall - 7/23
Betsy Marston - 7/6	Bill Crompton - 7/23
Karen Budinger - 7/12	Chris Michelsen - 7/27
Kathy Edwards - 7/17	Marjorie True - 7/30

Calendar

- **Virtual Volunteer/Member Orientation - July 8, 10 am or July 16, 4 pm**
 - NFSC volunteers and members with online access will be sent Zoom instructions along with a PDF handbook. Choose one of 2 sessions.
- **Memoir Writing**
 - Every Wednesday, 1:30 - 3 pm - various outdoor locations or online via Zoom. Contact Yuri Chicovsky at yurichicovsky@gmail.com for more information
- **Senior Lunch**
 - Every Monday, Wednesday, Friday - noon - 12:30 pm, pick up at Paonia Senior Center
 - Every Monday, Wednesday, Friday - noon - 12:30 pm, pick up at Hotchkiss Senior Center
 - Call Debbie at 970-874-7661 for more information or to sign up.
- **Valley Organic Lunch Program for Seniors**
 - Fridays, July 10th & 24th Old River Road Trading Post, Paonia - call or text Chrys at 970 - 417-2299 to RSVP by the Wednesday before. Pick up between 12:30 to 1:30.
- **Caregivers' Support Group**
 - Thursdays, 1 - 3 pm via Zoom. Contact Dr. Jess Deegan for information and to join the conversation either by computer or by phone. Email: drdeeganii@gmail.com, or phone: 970-510-0724

SAVE PAPER: Would you rather get the newsletter as a PDF in your email? Send an email to Linda at nfseniorconnections@gmail.com, or call 970-527-3482 to request change.