

Summer CSA Begins



senior households.

During this corona virus pandemic, many foundations have been reaching out to communities seeking to help mitigate the impact. NF Senior Connections has received funds from the Next Fifty Initiative for such a project. We are partnering with the **Living Farm** and **Mountain Oven Bakery**, both in Paonia, to provide bread and a bag of fresh organic vegetables to 20 of our



Volunteers have stepped forward to deliver the food every week for the next 20 weeks beginning the first week of June. The funds are helping to support these two local businesses as well as helping the recipients to eat healthy, local food. We are grateful to the Next Fifty Initiative for their generous support.



It was not your typical Service Saturday but your help was so much appreciated! Even though we weren't able to gather afterwards to celebrate with a pizza, hopefully the gift certificates to local restaurants expressed our gratitude for a job well done.

There are still a few jobs left to do if there are volunteers with a few hours free to help seniors prepare for the summer season. Check the posted jobs on our website:

<https://nfseniorconnections.helpfulvillage.com>

Take-out Fundraiser



If you are getting tired of your own cooking but are not willing to visit a restaurant just yet, KPP will be making lasagna (with meat and vegetarian) for take out later this month. North Fork Senior Connections will be the recipients of this fundraiser and we hope you will take the opportunity to support our organization as you enjoy a good meal. Lasagna will be available for sale in 4 or 8 serving sizes. KPP requires \$4 per serving to cover their costs and anything donated over that cost will go to support North Fork Senior Connections. NFSC volunteers will deliver your meals.

Make your reservation at:

<http://kidspastaproject.org/reservation/>
or call 970-250-6836

Thank you for your support!

Spring Service, Socially Distanced

Thank you to all the volunteers who helped with outside chores for our senior neighbors during the month of May. There were houses and windows washed, gates and gutters fixed, and lots of leaves raked, weeds pulled and bushes trimmed.

June 2020



NEWS

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June Birthdays

Happy Birthday to:



Al Rozman – June 3	Jacque Koehler – June 26
Jacob Kassoff – June 4	Ronna Webb – June 26
Alyson Muse – June 17	Roger Bissell – June 28
Lynne Bear – June 24	

Calendar

• CSA Delivery Volunteers Needed

- Volunteer to help with NFSC food deliveries -
Mon. 10 - 11 am, or Fri., 2 - 2:30 pm. Call Linda
to sign up: 970-527-3482

• NFSC Kids Pasta Project Fundraiser

- Monday, June 22 - Take-out lasagna from KPP.
See front page article for more information.

• Memoir Writing

- Every Wed., 1 - 3 pm, various outdoor loca-
tions or online via Zoom. Contact Yuri Chicovsky
at 970-314-0303 for more information.

• Senior Lunch

- Every Monday, Wednesday, Friday - noon - 12:30
pm, pick up at Paonia Senior Center
- Every Monday, Wednesday, Friday - noon - 12:30
pm, pick up at Hotchkiss Senior Center
- Call Debbie at 970-874-7661 for more information
or to sign up.

• Valley Organic Lunch Program for Seniors

- Fridays, June 12 & 26th, Old River Road Trading
Post, Paonia. Call or text Chrys at 970-417-2299
to RSVP by the Wednesday before. Pick up be-
tween 12:30 - 1:30.

• Caregivers' Support Group

- Thursdays, 1 - 3 pm via Zoom. Contact Dr. Jess
Deegan for information and to join the conversa-
tion either by computer or by phone.
Email: drdeeganii@gmail.com, or phone:
970-510-0724

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nfseniorconnections@gmail.com, or call 970-527-3482
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