

## NFSC Receives Grants

NextFifty Initiative has awarded North Fork Senior Connections a grant that will enable our organization to expand services to older adults throughout the North Fork Valley including individual services, strengthening older adults' connections within their community and reducing the sense of isolation many older adults experience. The Colorado-based foundation's grant will allow NFSC to advance its efforts to support older and/or disabled adults.

"Our commitment to positively influencing the way individuals view and experience aging continues to inform the type of unique ideas, programs and organizations that we fund," said Diana McFall, acting CEO of NextFifty Initiative. "We see Senior Connections' work in the aging space as an embodiment of our efforts to create a more positive and enlightened approach to aging. We offer our support and congratulations to North Fork Senior Connections."

In addition, the West Elk Community Fund, in partnership with the Western Colorado Community Foundation, awarded a grant of \$3,000 to North Fork Senior Connections at a presentation November 15th at the Blue Sage Center. Senior Connections was one of ten grantees in the Fund's second round of grant awards. The Fund is a charitable investment account designed to benefit the people of Paonia, Crawford, Hotchkiss and the surrounding region as a permanent charitable endowment, distributing its earnings each year into the community for generations to come.

"We're grateful for the West Elk Fund's generosity and proud to receive this grant from friends and neighbors who live in the Valley and know its needs firsthand," said Randy Campbell, Senior Connections' Chair.

## Service Saturday



The North Fork showed its heart and stamina on November 2nd when over 45 people showed up for Service Saturday. Teams of volunteers gathered to help their elder neighbors with seasonal chores despite the below freezing temperatures and snow on the ground.

The cold did curtail some of the chores where frozen gutters and snow covered leaves prevented even these dedicated volunteers from carrying out their tasks. Volunteers and seniors celebrated the "job well done" with pizza at Edesia Kitchen afterwards. Thank you to everyone who turned out to help – and to those volunteers who returned to help with the rest of the chores during November!

## Halloween Party

Earthly spirits were high at the Halloween party on October 30th, despite the early snow. NFSC members and volunteers joined regular Paonia Senior Center attendees to partake of dessert and hot mulled cider. We all got to know each other a little better through a game of North Fork Bingo. Due to the weather, there was only one costumed trick or treator who definitely "cleaned up". At the end of the party, the general consensus was "More parties!"

December 2019



NEWS

## Board of Directors

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## December Birthdays



### Happy Birthday to:

Steve Lyons – Dec 1  
Craig Coleman – Dec 4  
Karrah Aegerter – Dec 8  
Melisa Brady – Dec 16  
Roger Baril – Dec 18  
Bronwen Barry – Dec 19  
Terry Randall – Dec 31

## Calendar

- **Blue Sage Concert Series: Duos & Trios for Clarinet, Viola, & Piano**  
Sunday, December 1st - 3:00 - 4:00 pm
- **Movies in the Morning at the Paradise**  
Thu., Dec. 5th, 10 am - 12. Movie: "White Christmas"
- **NFSC Holiday Party**  
Thu., Dec. 5th, 5 pm - 7 pm. **RSVP required! Call 527-3482**
- **Memoir Writing**  
Every Wed., 1:30 - 3 pm, Paonia Senior Center
- **Senior Lunch**
  - Every Monday, Wednesday, Friday - 11 am - 1 pm, Paonia Senior Center
  - Every Monday, Wednesday, Friday - 11 am - 1 pm, Hotchkiss Senior Center
- **Valley Organic Lunch Program for Seniors**  
Friday, Dec 6th & 20th, 12:30 at Old River Road Trading Post, Paonia
- **Tech Cafe´**
  - Every Wednesday, 2-3 pm, Paonia Library (closed 12/25)
  - Every Wednesday, 4-5 pm, Crawford Library (closed 12/25)
  - 1st & 3rd Mondays, 3-4 pm, Hotchkiss Library
- **Caregivers' Support Group**
  - 2nd & 4th Wednesdays, 1:30 pm, Hotchkiss Town Hall Council Chambers
  - 1st & 3rd Wednesdays, 1:30 pm, Cedaredge Civic Center
- **Rotary Club of North Fork Valley**  
Every Thursday noon, at Paonia Town Hall
- **Knitting and Crochet groups**
  - 3rd Saturday, 12-1:30 pm, Paonia Library
  - Every other Friday, 10 am, Crawford Library
  - 2nd & 4th Thursdays, 10:30 am, Hotchkiss Library

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