



North Fork Senior Connections

Finding Solutions to Help Seniors Age in Place



Annual Report

July 2019 - 2020



To the North Fork Senior Connections community,

We are coming up on the official first anniversary of our evolution from A Little Help into a totally North Fork-based organization.

It's been an amazing year, and I want to give a big shout-out to all our members, volunteers, donors, and staff. We have accomplished a lot, and it has taken all of us to continue fulfilling our mission of helping seniors in the North Fork Valley age in place with volunteer assistance.

We must acknowledge that, now that we are in the time of Coronavirus, the way we do things and what we can do have changed. I'm quite proud of the way Senior Connections has adapted and found ways to continue our mission. The distributed Service Saturday was a creative adaptation, and the CSA and bread deliveries continue to help seniors stay safe in place.

I'd like to give special recognition to Linda McCone, who has become the face of Senior Connections. Her efforts have made it all possible. Linda is hard-working, creative, and fun to work with. Thank you, Linda!

Our board, consisting of myself, Vice-Chair James Schott, Secretary Betsy Topper, Treasurer Jenn Lukesh, members Jess Deegan and Bruce Woodside, has gone above and beyond, meeting frequently to chart our course through the first year, succeeding in fundraising, and supporting and participating in events and activities. Thanks and congratulations to all of you.

As we enter our second year of existence, we are still in the unfamiliar territory of a world inhabited by COVID-19. What this will mean for us is not completely known, but we will continue to innovate our way forward in pursuit of our mission. We anticipate offering the Brain Booster course by remote attendance later this summer; we will likely have another distributed outdoor-only Service Saturday in the fall (leaves can be raked safely!); Linda is talking of another Fall Prevention class; and who knows what else?

Whatever we do, it will be with the wellbeing and safety of our members and volunteers front and foremost. I look forward to sharing the next year with all of you and ardently hope for the time we can all be together.

**Fond regards to all,
Randy Campbell
Chairman of the Board**

Membership

North Fork Senior Connections embraces a culture where everyone is considered a member. Some members exclusively receive services, many exclusively volunteer to provide service, but there are many who both receive services and volunteer. The organization is successful because of the financial support from our members and donors and our grantors, and we depend upon the volunteers whose service allows our elder members to age in place.

Membership in North Fork Senior Connections is evolving as we seek to serve the needs of the greatest number of seniors in our community. The culture in our senior community is one of independence and self-sufficiency and clarifying our outreach efforts to meet their needs has been a challenge. It has also been essential to limit membership outreach to our service area and to neighborhoods where we have volunteers available to meet the needs. Another potential obstacle has been the suggested donation for membership, but we are committed to



the principle of service for those in need. Relying on donations from members to continue to provide events, to recruit, screen, and train volunteers, and to communicate with each other, we seek other sources of revenue.

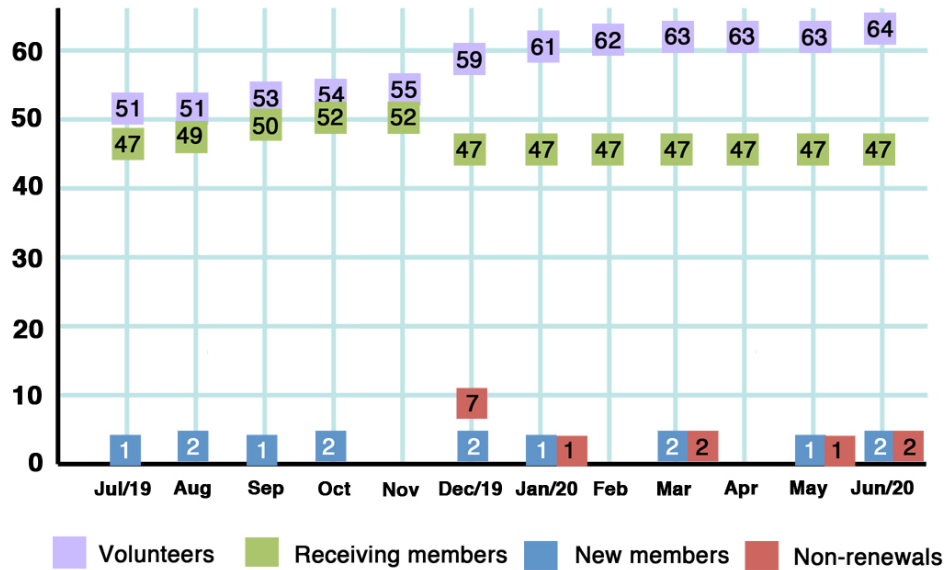
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We have had success at recruiting both receiving members and volunteers when we have popular events such as the Falls Prevention class (Stepping On), soup night socials and, recently, CSA/Bread deliveries. As evidence of our stewardship becomes clearer, we are hoping community members find NFSC to be a valuable organization and support us by becoming a member.



Members: July 2019 - June 2020



Volunteer/Service Activities

Service activities are at the heart of what we do at North Fork Senior Connections. Members submit requests for assistance and our volunteers pick up those jobs they are willing and able to do. The highlight of our service activities has been the Service Saturdays twice yearly.



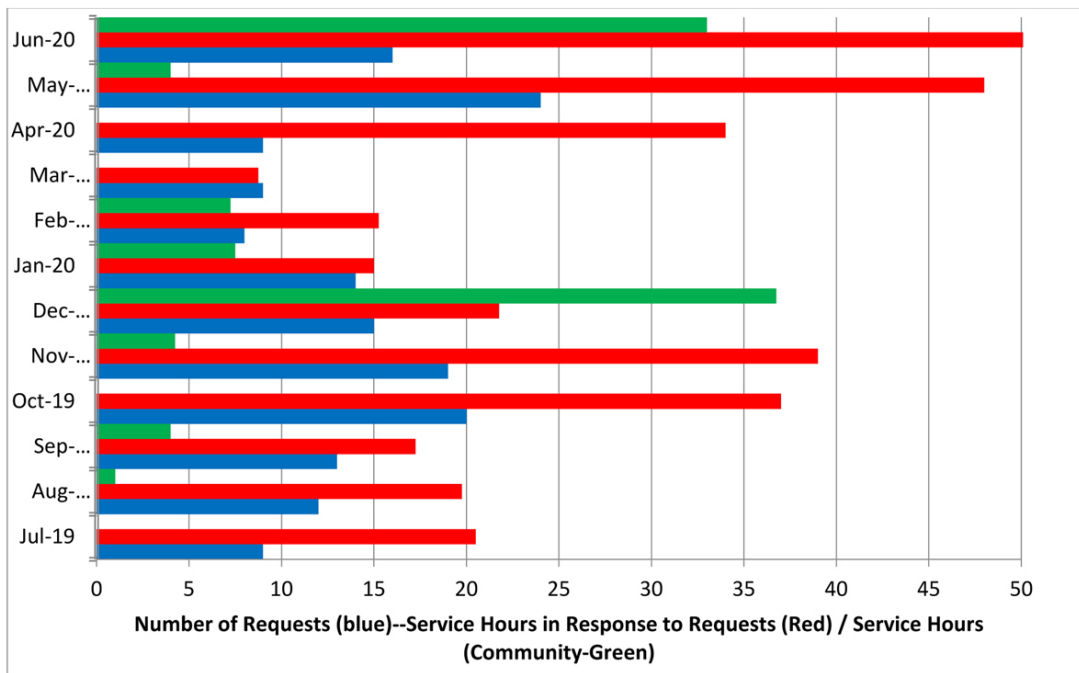
Unfortunately, this year both Service Saturdays were impacted by events beyond our control. In November, we had an early snow and freeze at the end of October making it impossible to rake leaves or other tasks with significant snow on the ground. Then, in the spring, the world was impacted

by the corona virus pandemic and social/physical distancing made work parties impossible. Thank you to all the volunteers who managed to help our members take care of outdoor tasks individually under these circumstances.

In addition to responding to service requests for individual receiving members, many volunteers help with community or village tasks such as leadership duties, help with events, phone calls to members, and driving for events. Volunteers can enter those hours directly on our NFSC website or call to have us enter the numbers. The time volunteers contribute to NFSC is a major value of the organization and we want to recognize their contributions.



Volunteer Activity 2019 - 2020



The graph shows the number of hours volunteers provided to the community by requests (red) in direct response to the requests (blue bar) and in an effort to make the community better for seniors (green bar). The latter consisted of work at events, transport of people to events, and removal of snow. This graph does not include the work that occurred related to Service Saturday, during which 45 volunteers contributed 150.75 hours to the activities enabling seniors to remain in their homes. Nor does the graph reflect the 330.75 hours that board members and other volunteers contributed to phone calls, meetings, and preparation of the newsletter for members.

Foundation Grants

We would like to thank the following foundation partners for their generosity in 2019 and 2020: **Western Colorado Community Foundation/Dave and Mary Wood Fund, \$4,000; Western Colorado Community Foundation/EJB Fund, \$500; Western Colorado Community Foundation/West Elk Community Fund, \$3,000; Rocky Mountain Health Foundation, \$3,000; Laura Jane Musser Fund, \$5,000; NextFifty Initiative COVID Response Fund, \$6,000.** In addition, the **Rotary Club of the North Fork Valley Foundation** is our fiscal agent for a **\$15,631** grant from the **NextFifty Initiative** in support of staff expense.

TOTAL - All Grants \$37,131

And we thank our many individual donors whose financial support has been and continues to be essential to our mission.

Events

Events are an essential component of North Fork Senior Connections. The relationships members and volunteers forge with each other and the information learned in the workshops sponsored are as important to our ability to age in place as one-to-one help with chores and transportation. Service parties, as well, are important avenues for volunteer recruitment and community outreach.

NFSC presented or sponsored 15 different activities during the first year of our status as an independent organization. Several other events had to be cancelled due to the corona virus, such as "Conversations About Death" (March), a second class of "Stepping On" (beginning in April), game day, and senior exercises scheduled for the 2nd and 4th Thursdays of the month, beginning in April. Participants especially appreciated the increased number of Social events.



As we plan for future events in light of the impact of Covid-19, we are looking at using online platforms such as Zoom, and socially distanced picnics where participants bring their own their own food and eating utensiles. Any and all suggestions are welcome!



Title of Event	Date	Type	Attendance
Loving Shift training	7/19/19	Educational	12
Fundraiser Tea	7/14/19	Fundraiser	17
Volunteer Appreciation BBQ	8/18/19	Social	24
Aging in the NFV - Region 10	9/25/19	Educational	15
Halloween Party	10/30/19	Social	34
Service Saturday	11/2/19	Service	45 volunteers 21 homes
Holiday Party	12/5/19	Social	62
Cookie Decorating with pre-schoolers	12/18/19	Service	6
Soup Night	1/14/20	Social	25
Soup Night	2/18/20	Social	20
Wills & Trusts	2/6/20	Educational	23
Stepping On Falls Prevention Workshop	1/29/20 - 3/11/20	Educational	11
Service Saturday - socially distanced	5/1/20 - 6/13/20	Service	16 volunteers 16 homes
CSA/Bread Deliveries	6/1/20 - 10/16/20	Service	18 volunteers 20 recipients
KPP Take-out Fundraiser	6/22/20	Fundraiser	25

North Fork Senior Connections
Profit & Loss
June 2019 through May 2020

	Jun '19 - May 20
Ordinary Income/Expense	
Income	
INCOME	
Donations	15,025.00
Fund Raisers	827.48
Grants	28,611.57
	44,464.05
Total INCOME	44,464.05
Total Income	44,464.05
Expense	
General Operating Expense	
Accounting/Tax Prep	187.00
Insurance - Liability, D and O	1,999.52
Memberships	
Organization Dues	485.00
	485.00
Total Memberships	485.00
Travel and Meetings	
Registration Conferences Events	25.00
Vill to Vill Conf Registration	35.00
Travel and Meetings - Other	130.00
	190.00
Total Travel and Meetings	190.00
Total General Operating Expense	2,861.52
Program Expenses	
Background Checks	376.37
Contracted Services	1,748.50
Event Expenses	
Food and Catering	930.70
Event Expenses - Other	803.10
	1,733.80
Total Event Expenses	1,733.80
Helpful Village	508.00
Mgmt Platform, Database, Web	165.80
Office Supplies	170.10
Payroll Expense	
Taxes-Payroll	252.69
Wages	9,787.53
	10,040.22
Total Payroll Expense	10,040.22
Phone, Internet	357.25
Postage	822.20
Printing and Advertising	1,465.31
Program Supplies	611.69
	17,999.24
Total Program Expenses	17,999.24
Total Expense	20,860.76
Net Ordinary Income	23,603.29
Net Income	23,603.29

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Board of Directors

Randy Campbell, Chair
James Schott, Vice-Chair
Jenn Lukesh, Treasurer
Betsy Topper, Secretary
Jess Deegan, Member
Bruce Woodside, Member
Linda McCone, Program
Manager
John Zachman, Program
Assistant

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